

## Catch a Rising Star Clinic – Accenture New York Multi-Sport Festival 2009



Catch a Rising Star held a clinic for 31 challenged athletes at The Accenture New York Multi-Sport Festival on June 13, 2009. Attending athletes utilized the ¼ mile track, an all-purpose turf field, 50 meter pool and gymnasium at the Asphalt Green Sports Club in New York City.

“We had a great turnout at the clinic and it was so nice seeing the diversity of people at the event.” said clinic

leader Scout Bassett. “It was a fantastic opportunity for physically challenged people to get connected with CAF and network with each other.”

One of the great highlights of the days was when the New York Knicks professional wheelchair basketball team came out to demonstrate proper skills and techniques. After the demonstration, all of the attendees were able to literally “get in the game” and play one-on-one with the professionals.

Adult and youth wheelchair athletes were treated to one-on-one and group instruction for handcycle techniques and racing chair strategies while leg amputee athletes were treated to mobility and running clinic. Clinic attendees were able to test out their skills on an archery system brought by the New York based Navigators wheelchair sports club. Kids in attendance were able to work on their mobility with their own focused clinic.

The festival proved to be a great day for all filled with mentorship, mobility and motivation.