

# 2024 CAF-IDAHO MTN BIKE BASECAMP



Boise and Sun Valley, Idaho, May 16 - June 23



## EXPERIENCE

The 2024 Mountain Biking Basecamp Program started with a dinner and a discussion led by David Gordon, Ridge to Rivers Division Manager, who provided insights on Treasure Valley trails and trail etiquette. Thanks to the support of 100%, athletes received essential gear, including sunglasses and helmets.

In the second week, Mark Andrews, a member of Mission43, led a trailside maintenance lesson to improve participants' bike upkeep skills, and later sessions focused on enhancing their mountain biking abilities while exploring Idaho's beautiful landscapes.

The program concluded with a 3-day destination immersion in Sun Valley, where participants enjoyed thrilling rides with a supportive community of fellow riders! Kevin Peter remarked that he “learned a significant amount” and “improved riding skills dramatically.”

## BY THE NUMBERS

8 adaptive riders joined the first CAF-Idaho Mountain Biking Basecamp cohort.

Expert coaches Jet Turner and Christine Panagos, with help from Pat Dougherty and two support riders, immersed the crew in the mountain biking community and created an inclusive environment for athletes with physical disabilities of all levels.



## MEDIA COVERAGE

More photos available [HERE](#).

Athlete-created video by Jet Turner available [HERE](#).

These life-changing programs made possible by



Special thanks to  
Ridge to Rivers, Mission43, and 100%