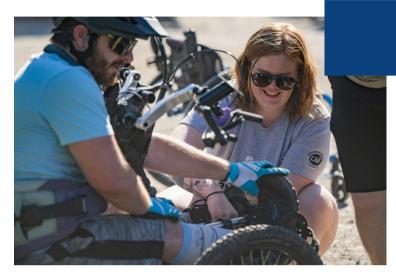
# 2024 CAF-IDAHO CYCLING CLUB



Boise, Idaho, April 19th - November 15th



## **EXPERIENCE**

The CAF-Idaho Cycling Club transformed into a mountain biking only experience for the 2024 season! Led by the dynamic duo of Jet Turner and Chris Panagos, the club kicked off with a dinner at the Idaho Outdoor Fieldhouse in April, then featured mountain biking sessions on the first and third Saturday of each month. The group featured a diverse crew of seasoned riders and folks new to the trails, all age 16 and up. CAF offered eight bikes for athletes who didn't have their own equipment, so everyone could have an unforgettable time.

#### **BY THE NUMBERS**

28 riders - both disabled and non-disabled - joined CAF for nine rides totaling 90 miles. Participants learned the ins and outs of trail etiquette and maintenance as well as bike care while pushing their own limits, lifting each other up, and connecting to a deeper sense of self as well as their community. They now have a rolodex of people they can reminisce with, turn to with questions, and count on for future adventures.



### **MEDIA COVERAGE**

Click **HERE** for more photos.

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Special thanks to Ridge to Rivers, Mission43, and 100%